



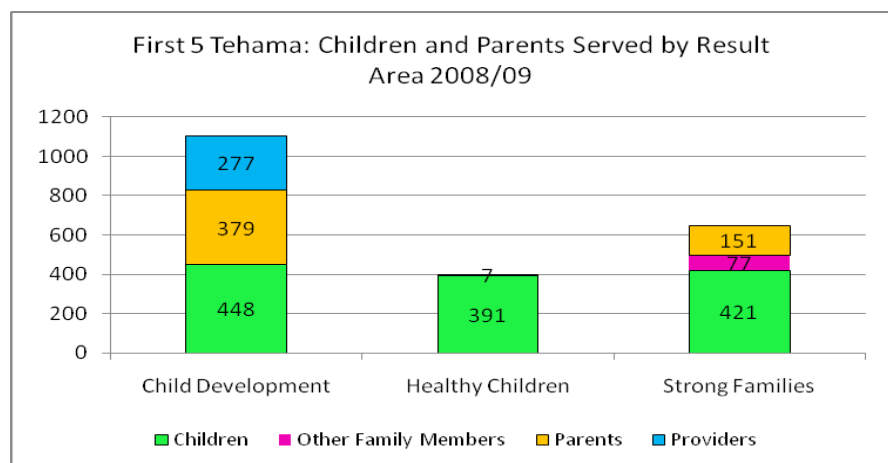
Executive Summary
2008/09 Annual Report

The First 5 Tehama Strategic Plan has four desired results and six objectives:

- (1) Strong families: parents will receive support to increase their knowledge of child rearing, family relationships and community resources.
- (2) Children learning and ready for school:
 - Increase availability of programs that meet and maintain quality standards for child care both in slots and available hours of operation.
 - Increase access to voluntary structured programs of quality early care and education that integrate cognitive, social and emotional development for all three and four year old children.
- (3) Healthy children: increase health access to prevention and primary health care services for pregnant women and children birth to age 5.
- (4) Comprehensive integrated services:
 - Families from all cultural backgrounds are easily able to access multiple services and resources through an integrated system;
 - Comprehensive integrated services: increase administrative capability and organizational sustainability.

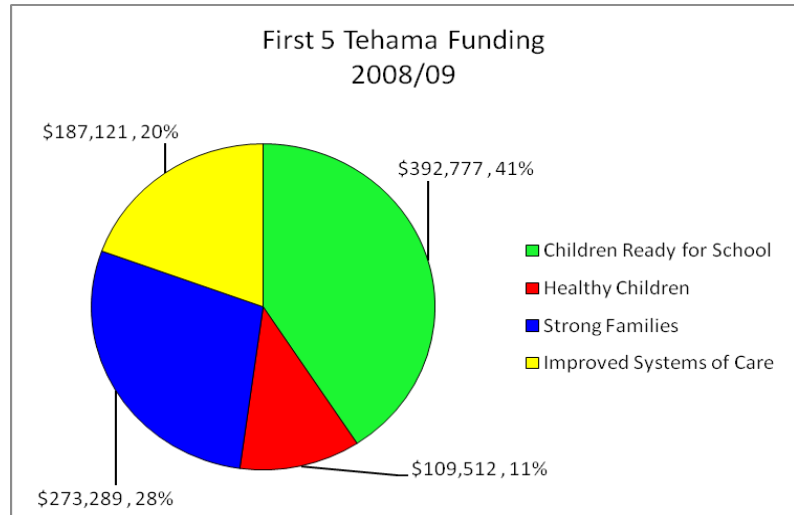
Children and Parents Served

In 2008/09, programs funded by First 5 Tehama served: 391 children ages 0 to 3, 612 children ages 3 to 5, 263 children 0 to 5 whose age is unknown, 530 parents, 84 other family members and 277 child care providers. Programs in the result area Child Development served the most parents (379), children (448) and child care providers (277). These programs included School Readiness projects in Los Molinos,



Gerber and Corning, the Partners for Quality Child Care and the Comprehensive Approaches to Raising Educational Standards (CARES) project. The Mobile Dental Unit provided oral health services to 204 children and 7 parents. First 5 Tehama provided funds to support 187 children 0 to 5 in the Healthy Families insurance program. The programs in the result area Strong Families served 421 children, 77 other family members, and 151 parents. These projects included the DADs program, the Perinatal Substance Abuse Program, the Family Start home visitation program and the Northern Valley Catholic Social Services Family Resource Centers in Corning and Red Bluff.

In 2008/09, First 5 Tehama distributed \$962,699 in project grant awards. The largest area of investment for First 5 Tehama in 2008/09 was Children Ready for School, with 41% of the funds, followed by Strong Families (28%), and Healthy Children (11%) and Improved Systems of Care (19%).



Services

Programs funded in the area of Children Ready to Learn included School Readiness, Partners for Quality Child Care and CARES. School Readiness implemented Families and Schools Together program, parenting classes, KinderCamp programs for children with no prior early care experience, home visits and developmental screenings. Partners for Quality Child Care served 81 licensed family child care providers and 151 Family Friend and Neighbor informal care providers with home visits and workshops. CARES provided stipends for professional development to 12 licensed family child care providers, 14 center based providers and 19 Family Friend and Neighbor informal care providers.

The Mobile Dental Unit served 204 children by providing 155 fillings, 81 fluoride varnish treatments, 116 exams and 176 xrays. MDU staff provided oral health education to 95 children and parents and referred 21 children to a hospital or a higher level of oral health care. Healthy Families Insurance coverage was extended to 187 children 0 to 5.

Funded programs in the area of Strong Families provided multiple individual and group services to parents. The Perinatal Substance Abuse Program served 75 mothers with home visits and in person consultations. The DADS program served 48 men with 58 family activities for men with their children, case managed 32 men, offered treatment groups and life skills and parenting classes. The Family Start intensive home visiting program for pregnant women and children 0 to

5 offered home visits and classes. Northern Valley Catholic Social Services provided classes and other services for parents in their Corning and Red Bluff Family Resource Centers.

First 5 Tehama Funded Programs 2008/09

	Home Visits	Classes	In person services	Treatment groups	Other
School Readiness	477	105	72		
Partners for Quality Child Care	349	61			
CARES					45 Stipends
Mobile Dental Unit			528		
Healthy Families Insurance					187 children covered
DADS		50		97	58 Family activities
Perinatal Substance Abuse Program PSAP	222		255		
Family Start	603	15			

Outcomes

School Readiness families served intensively showed growth in:

- Obtaining health and dental insurance: 96% had health insurance compared to 85% at entry, 94% had dental insurance compared to 70% at entry
- Finding a source of regular medical and dental care: 100% have medical home
- Obtaining preventive care for their children: 72% health compared to 64% at entry, and 63% received dental care compared to 42% at entry
- Family literacy practices: 84% read to their children regularly compared to 63% at entry, 89% told stories compared to 42% at entry and 89% sang songs compared to 78% at entry

Family Start and School Readiness families receiving intensive services:

- 82% rated the serves as excellent, 16% as good and 2% as fair
- 98% felt more confident as a parent
- 95% learned about community resources for their family
- 99% learned what to expect of children at different ages

The Perinatal Substance Abuse Program serving pregnant and post partum women with substance abuse issues:

- 12 women in the PSAP program successfully completed treatment, two women successfully transferred to another county
- 12 women remained clean and sober for 6 months following treatment